## More or Less?

Look at the different options below and place a circle around the food choice that costs less because of the way it is processed, packaged, or prepared.

We will say we have the same amount of each.


Whole Carrot OR Baby Carrots


Raw Chicken OR Bucket of Fried Chicken


1 Cup of Milk from a Gallon OR Carton of Milk


Potato OR French Fries


Plain Oatmeal OR Oatmeal Squares Cereal


Breakfast at Home OR Breakfast at a Restaurant


Fresh Broccoli OR Frozen Broccoli


Block of Cheese OR Cheese Slices

